



Sleeping ^{ZZZZZZZ}Giants

Sometimes getting a couple extra winks makes all the difference—even if it means sleeping on the job! Can you find the 5 notorious nappers hidden in the picture below?



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Thomas Edison:

Talk about putting the power in power naps, inventor Thomas Edison refused to change into pajamas at night because he thought it interfered with his creativity. Instead, he kept his work clothes on and slept 2-3 hours a night. Then he'd catch little naps around the clock. Despite the fact that his strange hours annoyed the Mrs., he kept doing it anyway. His favorite was to stretch out on lab tables, but Edison was known to snooze on stools when necessary.

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Samuel Goldwyn:

One of Hollywood's most prominent film producers, Sam Goldwyn believed in hard work. He also believed that 60-minute naps were key to good health. Every day after lunch, Sam would take a siesta, disappearing into a room adjacent to his office, changing into pajamas, and sleeping for an hour. According to biographers, he even recommended the practice to 2 of his writers. Then, realizing that he didn't want the scribes sleeping on company time, he added, "In your case, eat a half hour, sleep a half hour."

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Ronald Reagan:

Ronald Reagan supposedly took a nap every day. In fact, it was frequently mentioned in newspaper columns, and widely accepted as fact. And while Nancy Reagan vehemently denies the claims, old Ronald was less discrete. He often joked about falling asleep in cabinet meetings, and once dropped off in the middle of a speech by Pope John Paul II.

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Warren Harding:

Although he frequently stayed up until 2am, President Harding was always up at 8 sharp. His White House schedule, however, left him increasingly fatigued. And while friends told him that he'd be more rested if he stayed in bed longer, the president refused, saying that sort of behavior was "too much like a woman." Instead, the extraordinarily macho president countered his sleep deprivation with a very manly approach: stealing naps in the Oval Office.

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Salvador Dali:

It's not entirely clear how Dali dreamed up such fantastically bizarre images, but the surrealist painter often credited his creativity to his unusual catnap technique. Reportedly, he'd get himself right to the edge of deep sleep, then jerk himself out of it. How so? Dali would hold a metal spoon in one hand, and place a metal pan next to his chair. Then he'd nod off. But as soon as he was relaxed enough to let go of the spoon, it would clang loudly against the pan, and he'd hop back up inspired.

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